

## Course Sample Syllabus

### NUR 38801 Health Assessment for the Professional Nurse

#### Course Description

Principles of physical assessment builds on previous knowledge and skills gained from the sciences, humanities, and nursing. This course uses a systematic approach to patient history-taking, review of systems, physical exam and documentation of findings for individuals across the life span.

#### Student Learning Outcomes:

Upon completion of this course it is expected that the learner will be able to:

1. Demonstrate critical thinking while applying principles of physical assessment and documentation
2. Perform assessment skills of history-taking and systematic physical examination on a virtual client
3. Discuss the importance of using evidence-based best practices in assessing individuals across the life span
4. Integrate the principles of person-centered care while performing physical assessment skills

#### Teaching/Learning Methodologies:

- Online Tutorials
- Guided Learning
- Individual Assignments
- Group Work: Via the Discussion Board
- Shadow Health Virtual Patient Assessment

#### Texts and Materials:

The list of required and recommended [textbooks](#) can be found online in the RNBSN Student Handbook.

**NOTE:** NUR 38801 Health Assessment for the Professional Nurse requires two electronic resources to complete requirements: Shadow Health Virtual Patient and Lippincott RN to BSN Online Health Assessment

#### Sample of Course Assignments:

**Discussions:** Discussions among and between classmates are a major component of this course. At several points in this course, you will be asked to respond to or reflect upon questions posed by course instructors. Your response should consist of complete sentences and should meet the requirements listed in the discussion assignment instructions. Additionally, you are required to post thoughtful and scholarly responses to other student postings each week. At least one

relevant reference from a reliable published source is required for your **initial** discussion posting each week. Use APA format guidelines for all references and do not simply use a general reference for the course textbook(s).

**Quizzes:** A quiz will be given each week over the LWW learning modules and Evidence-based Risk Reduction/Health Promotion reading. The quiz will be open for one week. You are allowed two attempts at each quiz. Quizzes close promptly on the stated due date/time (please note that Blackboard time is based out of Eastern Time Zone). Quizzes will not be reopened once closed.

**Shadow Health:** This virtual environment allows students to demonstrate and perfect their clinical reasoning skills through life-like interactions with Digital Standardized Patients™. Students will perform health histories and physical exams using this software. However, Students may perform the assessment as many times as they would like to improve their score. the availability of the assignment in Shadow Health will close promptly on the stated due date/time, and will not be re-opened once closed.

**Discharge Education:** Discharge education will be completed on Tina Jones, a virtual patient in Shadow Health after performing her comprehensive history and physical exam. The discharge education must include diabetes, asthma, wound care, diet and physical activity, and follow up education.

### Course Organization:

There are five modules in this course. Each module represents one week of activity.

- The Patient Interview and Evidence-Based Health Screening/Education
- Performing Focused Adult Visit: Respiratory, Cardiac, PVS, GI/GU Assessment
- Performing Focused Geriatric Visit: Skin, Musculoskeletal, Neurological Assessment
- Performing Focused Pediatric Visit: HEENT
- Performing Comprehensive Patient Exam: Risk Assessment