

NUR 38801 Health Assessment for the Nursing Professional

Course Information & Objectives

[College of Nursing \(CON\)Contact Information](#)

Course Description:

Principles of physical assessment builds on previous knowledge and skills gained from the sciences, humanities, and nursing. This course uses a systematic approach to patient history-taking, review of systems, physical exam and documentation of findings for individuals across the life span.

Course Pattern:

Lecture 03 Lab 00 Credit 03

Prerequisites/Co-requisites:

Phase I RNBSN Courses/NUR 39000

Course Objectives (Student Learning Outcomes):

1. Demonstrate critical thinking while applying principles of physical assessment and documentation. (Aligns with program outcome #1, #5, #6)
2. Perform assessment skills of history taking and systematic physical examination on a virtual client. (Aligns with program outcome #1, #2, #6)
3. Discuss the importance of using evidence-based best practices in assessing individuals across the life span. (Aligns with program outcome #4, #6)
4. Integrate the principles of person-centered care while performing physical assessment skills. (Aligns with program outcome #1, #6)

Students will meet the objectives listed above through a combination of activities in this course:

- Complete assignments and exams with a 78% or better

Student Learning Outcomes of Undergraduate Degree Nursing Program Options

1. Utilize the nursing process to implement principles of person centered care within the framework of basic human needs and life span development.
2. Demonstrate effective communication while collaborating therapeutically and effectively with healthcare system stakeholders.
3. Demonstrate professional leadership in the coordination of healthcare that minimizes risk, promotes safety, and manages resources by creating a culture of continuous quality improvement.
4. Implement the principles of evidence based nursing practice in policy development and the provision of person centered care in an evolving healthcare environment.

5. Utilize information technology to coordinate and support decision-making in the provision of person centered care.
6. Implement critical thinking strategies in the context of health promotion, health maintenance, health restoration and palliation to maximize optimal person centered health outcomes.
7. Exemplify professional values to include accountability for practice, and principles of altruism, autonomy, human dignity, integrity, social justice and ethics.

Assignments & Determination of Course Grade:

Weekly Quizzes

Quizzes are based on Lippincott Williams & Wilkins, RN to BSN Online: Health Assessment (LWW) modules and assigned readings

Shadow Health Concept Labs and Assessments

This virtual environment allows students to demonstrate and perfect their clinical reasoning skills through life-like interactions with Digital Standardized Patients™. Students will perform a health history, focused history and physicals, and system exams in Shadow Health. Students may perform the assessment as many times as they would like to improve their score.

Week 1 Orientation

Week 1 Conversation Concept

Week 1 Health History – Tina Jones

Week 2 Cardiovascular Concept Lab

Week 2 Respiratory Concept Lab

Week 2 Health–Focused Exam: Chest Pain

Week 3 Abdominal Concept Lab

Week 3 Focused Geriatric Assessment–Abdominal Pain

Week 4 Focused Pediatric Patient Exam–Danny Rivera

Week 5 Discharge Education–Tina Jones

Week 5 Comprehensive Health Assessment–Tina Jones

Course Schedule:

Refer to the course calendar for specific meeting dates and times. Activity and assignment details will be explained in detail within each week's corresponding learning module. The dates and learning topics are subject to change. If you have any questions, please contact your instructor.

Due Dates

Weeks 1-4:

- Discussion initial post: **Due – Thursday at 10:00 p.m. CT.**
- Discussion responses: **Due – Sunday at 10:00 p.m. CT.**
- Assignments (unless indicated differently in the course): **Due – Sunday at 10:00 p.m. CT.**
- Quizzes and exams: **Due – Sunday at 10:00 p.m. CT.**

Week 5:

- Discussion initial post: **Due – Tuesday at 10:00 p.m. CT.**
- Discussion responses: **Due – Friday at 10:00 p.m. CT.**
- Assignments (unless indicated differently in the course): **Due – Friday at 10:00 p.m. CT.**
- Quizzes and exams: **Due – Sunday at 10:00 p.m. CT.**

Course Calendar:

Week	Topic	Activities/Assignments/Due Dates
1	The Patent Interview and Evidence-Based Health Screening/Education	<ul style="list-style-type: none"> • Discussion initial post: Due – Thursday • Complete Week 1 Shadow Health Assignment(s) Due – Sunday • Discussion responses to two classmates: Due – Sunday • Complete Week 1 Quiz: Due – Sunday
2	Performing Focused Adult Visit: Respiratory, Cardiac, PVS Assessment	<ul style="list-style-type: none"> • Discussion initial post: Due – Thursday • Complete Week 2 Shadow Health Assignment(s) Due – Sunday • Discussion responses to two classmates: Due – Sunday • Complete Week 2 Quiz: Due – Sunday
3	Performing Focused Geriatric Visit/Review Abdominal, Musculoskeletal, Neurological Assessment	<ul style="list-style-type: none"> • Discussion initial post: Due – Thursday • Complete Week 3 Shadow Health Assignment(s) Due – Sunday • Discussion responses to two classmates: Due – Sunday • Complete Week 3 Quiz: Due – Sunday
4	Performing Focused Pediatric Visit: HEENT	<ul style="list-style-type: none"> • Complete Week 4 Shadow Health Assignment(s) Due – Sunday • Complete Week 4 Quiz: Due – Sunday
5	Performing Comprehensive Patient Exam/Formulating a Risk Assessment	<ul style="list-style-type: none"> • Discussion initial post: Due – Tuesday • Complete Week 5 Shadow Health Assignment(s) Due – Sunday • Discussion responses to two classmates: Due – Friday • Complete Week 5 Quiz: Due – Sunday

Graded Course Activities:

Points	Descriptions
40	Discussions (Weeks 1, 2, 3, 5) (10 points each)
75	Quizzes (Weeks 1-5) (15points each)
50	Week 1 – Shadow Health History—Tina Jones
50	Week 2 – Shadow Health Adult Focused Assessment—Brian Foster
50	Week 3 – Shadow Health Adult Focused Assessment—Esther Park

Points	Descriptions
50	Week 4 – Shadow Health Pediatric Focused Assessment–Danny Rivera
75	Week 5 – Shadow Health Comprehensive Assessment–Tina Jones
15	Week 5 – Discharge Education of Comprehensive Assessment Tina Jones
10	Shadow Health Concept Labs (2 points each) <ul style="list-style-type: none"> • Orientation (Week 1) • Conversation Concept Lab (Week 1) • Respiratory Concept Lab (Week 2) • Cardiovascular Lab (Week 2) • Abdominal Concept Lab (Week 3)
415	Total Points Possible

Minimum Passing Standard

Upon completion of all required methods of evaluation, the student must have achieved an average score of 78% in the course.