NUR 38801 Health Assessment for the Nursing Professional

Course Information & Objectives

Course Description:
Principles of physical assessment builds on previous knowledge and skills gained from the sciences, humanities, and nursing. This course uses a systematic approach to patient history-taking, review of systems, physical exam and documentation of findings for individuals across the life span.

Course Pattern:
Lecture 03  Lab 00  Credit 03

Prerequisites/Co-requisites:
Phase I RNBSN Courses/NUR 39000

Course Objectives (Student Learning Outcomes):

1. Demonstrate critical thinking while applying principles of physical assessment and documentation. (Aligns with program outcome #1, #5, #6)
2. Perform assessment skills of history taking and systematic physical examination on a virtual client. (Aligns with program outcome #1, #2, #6)
3. Discuss the importance of using evidence-based best practices in assessing individuals across the life span. (Aligns with program outcome #4, #6)
4. Integrate the principles of person-centered care while performing physical assessment skills. (Aligns with program outcome #1, #6)

Students will meet the objectives listed above through a combination of activities in this course:

- Complete assignments and exams with a 78% or better

Student Learning Outcomes of Undergraduate Degree Nursing Program Options

1. Utilize the nursing process to implement principles of person centered care within the framework of basic human needs and life span development.
2. Demonstrate effective communication while collaborating therapeutically and effectively with healthcare system stakeholders.
3. Demonstrate professional leadership in the coordination of healthcare that minimizes risk, promotes safety, and manages resources by creating a culture of continuous quality improvement.
4. Implement the principles of evidence based nursing practice in policy development and the provision of person centered care in an evolving healthcare environment.
5. Utilize information technology to coordinate and support decision-making in the provision of person centered care.
6. Implement critical thinking strategies in the context of health promotion, health maintenance, health restoration and palliation to maximize optimal person centered health outcomes.
7. Exemplify professional values to include accountability for practice, and principles of altruism, autonomy, human dignity, integrity, social justice and ethics.

Assignments & Determination of Course Grade:

Weekly Quizzes
Quizzes are based on Lippincott Williams & Wilkins, RN to BSN Online: Health Assessment (LWW) modules and assigned readings

Shadow Health Concept Labs and Assessments
This virtual environment allows students to demonstrate and perfect their clinical reasoning skills through life-like interactions with Digital Standardized Patients™. Students will perform a health history, focused history and physicals, and system exams in Shadow Health. Students may perform the assessment as many times as they would like to improve their score.

   Week 1 Orientation
   Week 1 Conversation Concept
   Week 1 Health History – Tina Jones
   Week 2 Cardiovascular Concept Lab
   Week 2 Respiratory Concept Lab
   Week 2 Health–Focused Exam: Chest Pain
   Week 3 Abdominal Concept Lab
   Week 3 Focused Geriatric Assessment–Abdominal Pain
   Week 4 Focused Pediatric Patient Exam–Danny Rivera
   Week 5 Discharge Education–Tina Jones
   Week 5 Comprehensive Health Assessment–Tina Jones

Course Schedule:
Refer to the course calendar for specific meeting dates and times. Activity and assignment details will be explained in detail within each week's corresponding learning module. The dates and learning topics are subject to change. If you have any questions, please contact your instructor.

Due Dates

Weeks 1-4:
- Discussion initial post: Due – Thursday at 10:00 p.m. CT.
- Discussion responses: Due – Sunday at 10:00 p.m. CT.
- Assignments (unless indicated differently in the course): Due – Sunday at 10:00 p.m. CT.
- Quizzes and exams: Due – Sunday at 10:00 p.m. CT.
Week 5:
- Discussion initial post: Due – Tuesday at 10:00 p.m. CT.
- Discussion responses: Due – Friday at 10:00 p.m. CT.
- Assignments (unless indicated differently in the course): Due – Friday at 10:00 p.m. CT.
- Quizzes and exams: Due – Sunday at 10:00 p.m. CT.

Course Calendar:

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
<th>Activities/Assignments/Due Dates</th>
</tr>
</thead>
</table>
| 1    | The Patent Interview and Evidence-Based Health Screening/Education   | • Discussion initial post: Due – Thursday  
• Complete Week 1 Shadow Health Assignment(s) Due – Sunday  
• Discussion responses to two classmates: Due – Sunday  
• Complete Week 1 Quiz: Due – Sunday |
| 2    | Performing Focused Adult Visit: Respiratory, Cardiac, PVS Assessment  | • Discussion initial post: Due – Thursday  
• Complete Week 2 Shadow Health Assignment(s) Due – Sunday  
• Discussion responses to two classmates: Due – Sunday  
• Complete Week 2 Quiz: Due – Sunday |
| 3    | Performing Focused Geriatric Visit/Review Abdominal, Musculoskeletal, Neurological Assessment | • Discussion initial post: Due – Thursday  
• Complete Week 3 Shadow Health Assignment(s) Due – Sunday  
• Discussion responses to two classmates: Due – Sunday  
• Complete Week 3 Quiz: Due – Sunday |
| 4    | Performing Focused Pediatric Visit: HEENT                            | • Complete Week 4 Shadow Health Assignment(s) Due – Sunday  
• Complete Week 4 Quiz: Due – Sunday |
| 5    | Performing Comprehensive Patient Exam/Formulating a Risk Assessment   | • Discussion initial post: Due – Tuesday  
• Complete Week 5 Shadow Health Assignment(s) Due – Sunday  
• Discussion responses to two classmates: Due – Friday  
• Complete Week 5 Quiz: Due – Sunday |

Graded Course Activities:

<table>
<thead>
<tr>
<th>Points</th>
<th>Descriptions</th>
</tr>
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<tbody>
<tr>
<td>40</td>
<td>Discussions (Weeks 1, 2, 3, 5) (10 points each)</td>
</tr>
<tr>
<td>75</td>
<td>Quizzes (Weeks 1-5) (15 points each)</td>
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<tr>
<td>50</td>
<td>Week 1 – Shadow Health History—Tina Jones</td>
</tr>
<tr>
<td>50</td>
<td>Week 2 – Shadow Health Adult Focused Assessment—Brian Foster</td>
</tr>
<tr>
<td>50</td>
<td>Week 3 – Shadow Health Adult Focused Assessment—Esther Park</td>
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<tr>
<td>Points</td>
<td>Descriptions</td>
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</tr>
<tr>
<td>50</td>
<td>Week 4 – Shadow Health Pediatric Focused Assessment–Danny Rivera</td>
</tr>
<tr>
<td>75</td>
<td>Week 5 – Shadow Health Comprehensive Assessment–Tina Jones</td>
</tr>
<tr>
<td>15</td>
<td>Week 5 – Discharge Education of Comprehensive Assessment Tina Jones</td>
</tr>
</tbody>
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| 10     | Shadow Health Concept Labs (2 points each)  
• Orientation (Week 1)  
• Conversation Concept Lab (Week 1)  
• Respiratory Concept Lab (Week 2)  
• Cardiovascular Lab (Week 2)  
• Abdominal Concept Lab (Week 3) |
| 415    | Total Points Possible |

**Minimum Passing Standard**

Upon completion of all required methods of evaluation, the student must have achieved an average score of 78% in the course.