

NUR 48300 Community and Public Health Nursing

Course Information & Objectives

[College of Nursing \(CON\) Contact Information](#)

Course Description:

Concepts of community and public health nursing are introduced. Community health nursing roles related to evidence based practice, leadership, collaboration, quality improvement and political activism are explored. Critical thinking skills are applied in the assessment of vulnerable populations existing within various communities. The reciprocal influence of the environment on the patient, family and community relative to human needs is emphasized.

Course Pattern:

Lecture 04 Lab 00 Credit 04

Prerequisites/Co-requisites:

Phase I RNBSN Courses/NUR 39000

Course Objectives (Student Learning Outcomes):

1. Explore concepts related to community and community health nursing. (Aligns with Program outcome #1, #2, #3 and #7)
2. Apply critical thinking skills and public health concepts to analyze a community and its potential for meeting basic human needs. (Aligns with Program outcome #1, #2, #3, #6 and #7)
3. Integrate evidence based practice strategies, epidemiological and biostatistical methodology in analyzing select community health problems. (Aligns with Program outcome #1, #2, #3, #6 and #7)
4. Explore the reciprocal influence of the environment on the patient, family, and community relative to human needs. (Aligns with Program outcome #1, #2, #3 and #7)

Students will meet the objectives listed above through a combination of activities in this course:

- Complete assignments and exams with a 78% or better

Student Learning Outcomes of Undergraduate Degree Nursing Program Options

1. Utilize the nursing process to implement principles of person centered care within the framework of basic human needs and life span development.
2. Demonstrate effective communication while collaborating therapeutically and effectively with healthcare system stakeholders.
3. Demonstrate professional leadership in the coordination of healthcare that minimizes risk, promotes safety, and manages resources by creating a culture of continuous quality improvement.

4. Implement the principles of evidence based nursing practice in policy development and the provision of person centered care in an evolving healthcare environment.
5. Utilize information technology to coordinate and support decision-making in the provision of person centered care.
6. Implement critical thinking strategies in the context of health promotion, health maintenance, health restoration and palliation to maximize optimal person centered health outcomes.
7. Exemplify professional values to include accountability for practice, and principles of altruism, autonomy, human dignity, integrity, social justice and ethics.

Assignments & Determination of Course Grade:

Sentinel City is an online learning platform that teaches community and population health through an engaging and rewarding screen-based virtual experience. Throughout this course students practice critical thinking, observation and care planning in a risk-free environment.

Week 1 Sentinel City Assignment 1: Subsystem–Physical Environment

Communities are composed around a core, which are the people and eight subsystems/Social Determinants of Health. A community assessment typically starts with a windshield survey where each of the eight community subsystems is explored. The physical environment is often the first subsystem assessed. This assignment is focused on providing guidelines to help health professional students identify characteristics in the physical environment that can impact health.

Week 1 Sentinel City Assignment 2: Subsystem–Communication

Communication, as a subsystem, can influence personal health choices among all ages. This subsystem is often used to promote health by sharing information about community health fairs and health education opportunities. Health professional students will gain an understanding of communication influences on determinants of health and explore ways communication systems can be used to promote and support health.

Week 1 Assignment: Reflection Paper

After reviewing the readings and the Sentinel City assignments, write a one-page personal reflection paper discussing the concept of cultural competency planning for your selected community. Consider the information gained for the completion of the Environment survey and the Communication exercise.

This is a personal reflection paper. Citations and references are required for any sources used in writing the paper. APA format for the paper is not required.

Week 2 Sentinel City Assignment 3: Subsystem–Health and Social Services

Epidemiological studies to identify health issues and trends are known as the Epidemiological Triangle. The Community/Public Health nurse utilizes the concept of the Epidemiological Triangle to identify vulnerable populations and intervene to decrease or eliminate risk. Completing the Sentinel City social determinant of health, Health & Social Services, will familiarize you with the process and challenges related to factors associated with identifying issues and social services available.

Week 2 Sentinel City Assignment 4: Subsystem–Education

This assignment is focused on exploring the educational system in Sentinel City®. By completing this assignment, you will identify social-ecological frameworks used for health promotion and gain an understanding of how the educational system within a community can have an impact on the health of its residents.

Week 3 Sentinel City Assignment 5: Subsystem–Economics

This assignment is focused on exploring economic factors impacting communities' ability to thrive or simply survive. By completing this assignment, you will gain an understanding of the economic resources necessary to maintain and enhance the health and well-being of individuals and families in community settings.

Week 3 Sentinel City Assignment 6: Subsystem–Politics and Government

Health is determined by influences at multiple levels, which includes politics and government. You will gain an understanding of the political influences on the determinants of health. Also, you will explore ways residents can influence the political environment in their community to promote and support health.

Week 3 Assignment: Community and Public Health Nursing Clinical Experience

Review the concept of Community/Public Health Nursing in assigned literature for this course. Contact a Community/Public Health Agency within the city or state in which you reside. These could be Home Health, Hospice, HIV/AIDS, women's shelter (domestic abuse), homeless shelter, food banks, etc. which monitor, study, and provide various services to people. Identify with whom you spoke and request a confirmation email from the agency with the name of the person you spoke to and the date of contact.

Write an APA-formatted, 3-5 page paper addressing questions provided in your course (the title and reference pages do not count in the page limit).

Week 4 Sentinel City Assignment 7: Subsystem–Recreation

Health is determined by influences at multiple levels, which includes recreation, one of the eight subsystems explored when conducting a windshield survey as part of a community assessment. Recreation can have a positive impact on the physical, mental, and social health of individuals and their communities. You will explore ways recreation can be used to promote and support health and gain an understanding of how social interaction and recreation influences health. From your readings and research this week, consider the impact on vulnerable populations.

Week 4 Sentinel City Assignment 8: Subsystem–Safety and Transportation

The core of a Community is the people, and eight subsystems. A community assessment typically starts with a windshield survey where each of the eight community subsystems is explored. This assignment is focused on helping you explore the relationship between safety and transportation to determinants of health.

Week 5 Assignment: Community Assessment, Analysis, Diagnosis, Plan, and Evaluation

Utilizing the information gathered on your selected community from eight Sentinel City subsystems you have been working on throughout this class, write your *assessment, analysis, nursing diagnosis, plan, and evaluation method* in APA 7th edition format. In this activity, you will observe, think critically about, and report health issues in diverse community environments.

Course Schedule:

Refer to the course calendar for specific meeting dates and times. Activity and assignment details will be explained in detail within each week's corresponding learning module. The dates and learning topics are subject to change. If you have any questions, please contact your instructor.

Due Dates

Weeks 1-4:

- Discussion initial post: **Due – Thursday at 10:00 p.m. CT.**
- Discussion responses: **Due – Sunday at 10:00 p.m. CT.**
- Assignments (unless indicated differently in the course): **Due – Sunday at 10:00 p.m. CT.**
- Quizzes and exams: **Due – Sunday at 10:00 p.m. CT.**

Week 5:

- Discussion initial post: **Due – Tuesday at 10:00 p.m. CT.**
- Discussion responses: **Due – Friday at 10:00 p.m. CT.**
- Assignments (unless indicated differently in the course): **Due – Friday at 10:00 p.m. CT.**
- Quizzes and exams: **Due – Sunday at 10:00 p.m. CT.**

Course Calendar:

Week	Topic	Activities/Assignments/Due Dates
1	Community and Public Health Nursing	<ul style="list-style-type: none">• Discussions 1 & 2 initial post: Due – Thursday• Complete and Submit Sentinel City Week 1 Assignment 1: Due – Sunday• Complete and Submit Sentinel City Week 1 Assignment 2: Due – Sunday• Submit Reflection Paper Assignment: Due – Sunday• Discussions 1 & 2 responses to classmate(s): Due – Sunday
2	Foundational Concepts of Practice	<ul style="list-style-type: none">• Discussions initial post: Due – Thursday• Complete and Submit Sentinel City Week 2 Assignment 3: Due – Sunday• Complete and Submit Sentinel City Week 2 Assignment 4: Due – Sunday• Discussion responses to classmate(s): Due – Sunday
3	Community Health Practice Settings: Roles and Interventions	<ul style="list-style-type: none">• Complete and Submit Sentinel City Week 3 Assignment 5: Due – Sunday• Complete and Submit Sentinel City Week 3 Assignment 6: Due – Sunday• Submit Week 3 Community and Public Health Nursing Clinical Experience Assignment: Due – Sunday

Week	Topic	Activities/Assignments/Due Dates
4	Vulnerable Populations	<ul style="list-style-type: none"> Discussions initial post: Due – Thursday Complete and Submit Sentinel City Week 4 Assignment 7: Due – Sunday Complete and Submit Sentinel City Week 4 Assignment 8: Due – Sunday Discussion responses to classmate(s): Due – Sunday
5	Evolving Local and Global Community Health Concerns	<ul style="list-style-type: none"> Discussions initial post: Due – Tuesday Submit Week 5 Community Assessment Analysis, Diagnosis, Plan, and Evaluation Final Paper: Due – Sunday Discussion responses to classmate(s): Due – Friday

Graded Course Activities:

Points	Descriptions
20	Discussions (Weeks 1, 2, 4, & 5)
5	Week 1 – Reflection Paper
	Sentinel City Assignments
10	Week 1 – Assignment 1: Physical Environment
10	Week 1 – Assignment 2: Communication
10	Week 2 – Assignment 3: Health and Social Services
10	Week 2 – Assignment 4: Education
10	Week 3 – Assignment 5: Economics
10	Week 3 – Assignment 6: Politics and Government
10	Week 4 – Assignment 7: Recreation
10	Week 4 – Assignment 8: Safety and Transportation
20	Week 3 – Community and Public Health Nursing Clinical Experience
20	Week 5 – Community Assessment Analysis, Diagnosis, Plan, and Evaluation
145	Total Points Possible

Minimum Passing Standard

Upon completion of all required methods of evaluation, the student must have achieved an average score of 78% in the course.