

NUR 39700 Nursing Care of the Aged, Disabled, and Chronically Ill

Course Information & Objectives

[College of Nursing \(CON\) Contact Information](#)

Course Description:

The basic human needs of the aging person who is living with chronic health problems and/or disabilities are introduced. Principles of health promotion, health restoration, and palliation are examined. The role of the Baccalaureate-prepared nurse and evidenced-based nursing practice is emphasized within the context of patient-centered care.

Course Pattern:

Lecture 03 Lab 00 Credit 03

Prerequisites/Co-requisites:

NUR 39000

The student must:

1. be admitted to the Purdue University Northwest School of Nursing.
2. hold a current license to practice as a Registered Nurse (RN).

Course Objectives (Student Learning Outcomes):

1. Examine societal/cultural attitudes, values, and expectations related to quality of life for the older adult and persons living with chronic illness and/or disability. (Aligns with Program Outcome #1 and 4.)
2. Examine complementary/alternative health modalities and multidisciplinary approaches related to health promotion, maintenance and restoration for older adults and persons living with chronic illness/disability. (Aligns with Program Outcome #1 and 4.)
3. Examine and apply the role of the Baccalaureate-prepared Nurse Competencies for the Nursing Care of Older Adults. (Aligns with Program Outcome #1 and 4.)
4. Explore physiological concepts related to aging and persons living with chronic illness and/or disability. (Aligns with Program Outcome #1 and 4.)
5. Explore legislative and ethical concerns related to older adults and persons living with chronic illness/disability. (Aligns with Program Outcome #7.)
6. Examine and apply evidence-based nursing interventions designed to support patient-centered care for adults and persons living with chronic illness/disability. (Aligns with Program Outcome #1 and 4.)
7. Analyze the impact of an aging population and those living with chronic illness and disabilities on families, communities, and society. (Aligns with Program Outcome #1 and 4.)
8. Explore palliative nursing care and end-of-life issues. (Aligns with Program Outcome #6.)

Students will meet the objectives listed above through a combination of activities in this course:

- Actively participate in all individual and group activities

Student Learning Outcomes of Undergraduate Degree Nursing Program Options

1. Utilize the nursing process to implement principles of person centered care within the framework of basic human needs and life span development.
2. Demonstrate effective communication while collaborating therapeutically and effectively with healthcare system stakeholders.
3. Demonstrate professional leadership in the coordination of healthcare that minimizes risk, promotes safety, and manages resources by creating a culture of continuous quality improvement.
4. Implement the principles of evidence based nursing practice in policy development and the provision of person centered care in an evolving healthcare environment.
5. Utilize information technology to coordinate and support decision-making in the provision of person centered care.
6. Implement critical thinking strategies in the context of health promotion, health maintenance, health restoration and palliation to maximize optimal person centered health outcomes.
7. Exemplify professional values to include accountability for practice, and principles of altruism, autonomy, human dignity, integrity, social justice and ethics.

Assignments & Determination of Course Grade:

Weekly Quiz

Covers reading content for the week.

Week 1 Assignment: Community Resources for Aging Population

Identify three resources within your local community that cater to the aging, disabled or chronically ill. The first resource needs to relate to a physical need (e.g., nutrition), the second resource needs to relate to a psychosocial need, and the third resource needs to be related to transportation or entertainment needs. Choose only one organization or entity to address one area.

Week 2 Assignment: Nursing Theories and Aging/Disability/Chronic Illness Essay Instructions

Each student will select a health condition and nursing theory from the topic sign-up list and complete an essay on their chosen health condition and associated aging theory. Include the Dimensions of Wellness in relation to a specific health condition. Provide a brief description of each and summarize how the three components (disease, theory, and dimensions of wellness) fit together with an example for nursing practice. The dimensions of wellness can be found in your textbook. Use your nursing theory textbook as well as outside sources.

Week 3 Assignment: Sensory Activity

Complete the activities and reflection questions related to your experiences. This assignment is primarily a subjective experience, references are not required for this assignment.

Week 4 Assignment: Presentation on Practice Experience

For this assignment, you will need to evaluate your practice experiences and detail a time when you cared for a client with a chronic illness or disability. Create a presentation (i.e., voice-over PowerPoint or video) that provides background information, describe care required, legal and ethical responsibilities in relation to this client, reflect on what could have been done differently and describe the impact of this situation on your career.

Week 5 Assignment #1: Louis Louis

Watch the video and complete the worksheet.

Week 5 Assignment #2: Reflection of Knowledge Gained

Evaluation of your skills in relation to the BSN Core Competencies for Nursing Care of Older Adults & use of EBP/Clinical Guidelines/Best Practice is an important component of patient care.

As you complete this course, take some time to reflect upon your new knowledge gained to answer the following questions:

- Describe how your definition of aging, disability, and chronic illness changed during this course.
- Describe your approach to care of the aged, disabled, and chronically ill upon completion of your assignments.
- Identify and describe your professional growth by providing 2 strengths and 2 areas for improvement in relation to providing care to the aged, disabled, and chronically ill population.
- Describe at least 2 methods you will incorporate to strengthen your weakness identified above.

Course Schedule:

Refer to the course calendar for specific meeting dates and times. Activity and assignment details will be explained in detail within each week's corresponding learning module. The dates and learning topics are subject to change. If you have any questions, please contact your instructor.

Due Dates

Weeks 1-4:

- Discussion initial post: **Due – Thursday at 10:00 p.m. CT.**
- Discussion responses: **Due – Sunday at 10:00 p.m. CT.**
- Assignments (unless indicated differently in the course): **Due – Sunday at 10:00 p.m. CT.**
- Quizzes and exams: **Due – Sunday at 10:00 p.m. CT.**

Week 5:

- Discussion initial post: **Due – Tuesday at 10:00 p.m. CT.**
- Discussion responses: **Due – Friday at 10:00 p.m. CT.**
- Assignments (unless indicated differently in the course): **Due – Friday at 10:00 p.m. CT.**
- Quizzes and exams: **Due – Sunday at 10:00 p.m. CT.**

Course Calendar:

Week	Topic	Activities/Assignments/Due Dates
1	Theories and Value Clarification	<ul style="list-style-type: none"> • Discussions 1 & 2 initial post: Due – Thursday • Complete the Facts on Aging Pre -Assessment Quiz: Due – Thursday • Submit Community Resources for Aging Population Assignment: Due – Sunday • Discussions 1 & 2 responses to two classmates: Due – Sunday • Complete Syllabus Quiz: Due – Sunday • Complete Week 1 Quiz: Due – Sunday
2	Foundations of Caring	<ul style="list-style-type: none"> • Discussions 1 & 2 initial post: Due – Thursday • Submit Nursing Theories and Aging/Disability/Chronic Illness Essay: Due – Sunday • Discussions 1 & 2 responses to two classmates: Due – Sunday • Complete Week 2 Quiz: Due – Sunday
3	Wellness and Function	<ul style="list-style-type: none"> • Discussions 1 & 2 initial post: Due – Thursday • Submit Week 3 Assignment Sensory Activity: Due – Sunday • Discussions 1 & 2 responses to two classmates: Due – Sunday • Complete Week 3 Quiz: Due – Sunday
4	Chronic Illness, and Legal/Ethical Issues	<ul style="list-style-type: none"> • Discussions 1 & 2 initial post: Due – Thursday • Submit Week 4 Assignment Presentation on Practice Experience: Due – Sunday • Discussions 1 & 2 responses to two classmates: Due – Sunday • Complete Week 4 Quiz: Due – Sunday
5	Healthy Aging for Elders and Their Families	<ul style="list-style-type: none"> • Discussions 1 & 2 initial post: Due – Tuesday • Submit Week 5 Assignment Louis Louis Worksheet: Due – Sunday • Submit Week 5 Assignment Reflections of Knowledge Gained: Due – Sunday • Discussions 1 & 2 responses to two classmates: Due – Friday • Complete Week 5 Quiz: Due – Sunday

Graded Course Activities:

Points	Descriptions
5	Week 1 – Syllabus Quiz
5	Week 1 – Facts on Aging Pre-Test
80	Weeks 1-5 – Reading Quizzes
100	Weeks 1-5 – Discussions
50	Week 1 – Community Resources for Aging Population
70	Week 2 – Nursing Theories & Aging Disability Essay
50	Week 2 – Sensory Activity
70	Week 4 – Presentation on Practice Experience
50	Week 5 – Louis Louis Worksheet
20	Week 5 – Reflection of Knowledge Gained
500	Total Points Possible

Minimum Passing Standard

Upon completion of all required methods of evaluation, the student must have achieved an average score of 78% in the course.